

Children's Partnership Improvement Plan

An Interim report on the Preventative Community Project/Community Hub.

Background

- The PCP original vision was based on the idea of a community preventative multi-agency team. This developed from joint work on more collaborative working and integration between Children Services, Community Safety and Public Health. Also linked with work that Hazel Stuteley undertook in Falmouth and concepts from “The Tipping Point: How Little Things Can Make a Big Difference” by Malcolm Gladwell.
- There has been recognition in findings from Marmot, Allen and Field that childhood is an important time not only for the healthy development of the child but the opportunity to intervene to prevent long term adverse consequences. With the increase in health visiting numbers in Torbay to 54.5 WTE an opportunity has arisen to develop a preventative community model that helps increase community capacity and social capital to ensure sustainable support from the community.

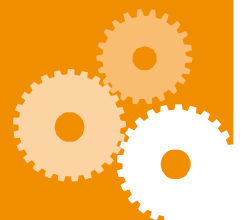
Project Aims:

- To lay the foundation for a new way of collaborative working across statutory agencies, voluntary groups and a defined community in Torbay.
- To incorporate evidence which demonstrates improved outcomes for children and young people following increased resources in Early Years.
- To develop and build upon existing preventative services in partnership with the community in order to identify at an early stage, when an individual, family or population require additional help, support and interventions.
- To work with current community capacity models and social capital in order to reduce reliance on public services and increase community resilience.

Appendix 1: Project Objectives.

Activities completed since 18/2/2103

- The wider PCP/Community Hub team came together in January 2013 at an away day to begin building working relationships by exploring individual roles and looking at how the team could work together.
- A SWOT analysis was completed prior to the project commencing to get a base line on agencies working together.



- A session was facilitated on information sharing across agencies.
- A project co-ordinator has been identified from the SCPHN team who is working with a senior life styles worker. They have been attending the Hele Angels tasking group and linking with both Community Partnership Boards and other voluntary sector providers. Building foundations and forging working relationships with partner agencies and identifying resources available across agencies and the voluntary sector.
- The 0-19 Public Health Nursing Team (HV and SN) meet on a monthly basis. Staff are enthusiastic about developing new services to meet the community's needs
- The steering group membership has been reviewed. Additional representatives have been invited to join the group from Barton Surgery, Barton Primary School, and Early Years (*Appendix 2*)
- A directory of local services for Hele & Watcombe entitled "What's on" is now available to all staff following a scoping exercise. All health staff are sign-posting families to a broader range of local services. In future this leaflet will be available at clinics and Children Centres. (*Appendix 3*)
- A questionnaire distributed by Hele's Angels contained a section called Helping with Health. The results of the questionnaire were used to ascertain what healthy life style areas the local community want to focus: 196 questionnaires were returned (*Appendix 4*)
- A flyer was displayed in key locations inviting families with children aged 0 to 19 to contact the co-ordinator or life styles worker by text or e-mail who responded by sending out 3 simple questions to ascertain local views on health (*Appendix 5*)
- The health team and partner agencies have undertaken a fact finding and information gathering exercise with residents in Watcombe using an aide memoire and question sheet with similar health questions to the Hele's Angels questionnaire (*Appendix 6 & 7*)
- The SCPHN team discussed the findings from both the questionnaire & fact finding activity and have a plan of activities to meet some of the expressed health needs (*Appendix 8*).
- Health promotion topics have been displayed in several sites in the community. These topics were chosen in response to the findings from the questionnaire sent out in H & W. In June & July this included promoting sun safety & Bay Walks. In August, the health promotion topic will be the importance of adequate fluids for school children and water safety; September – weaning; October - mental health including services for women with postnatal depression.
- The PHSN has undertaken training in order to provide baby massage to babies where the mother has postnatal depression or other attachment disorders to aid bonding and improve communication between mother and baby.
- The SCPHN team are working in partnership with the Torbay Tots at the Windmill centre, a new family workshop project led by local volunteers. This has involved accompanying vulnerable families to facilitate their attendance.
- The PCP co-ordinator is working in partnership with Action for Children community impact team at the Watcombe Community Centre to re-launch a



Stay and Play group.

- A contact list of professionals working in H & W, including a brief statement of role has been produced and circulated. This includes the central point of contact for the SCPHN team/project.
- Newsletter circulated this month. (*Appendix 9*)
- Hidden carers training session delivered on the 27.6.13 to the PCP team to raise awareness across agencies.

Key achievements so far: (outcomes)

- The SCPHN team has the staffing resourced identified for 2015 by the Call to Action Health Visiting Implementation Plan. The increased capacity was partly achieved by appointing 3 Public Health Staff Nurses.
- Health visitors and school nurses who work in H & W have come together to create a 0 to 19 SCPHN team in Hele and Watcombe delivering a seamless service to families.
- The project co-ordinator is the central contact point for the project.
- The partner agencies are finding health more accessible as this project has led to an inclusive approach to meeting needs. A health representative was previously missing from Hele's Angels tasking group
- A Housing Officer has identified that the SCPHN team has assessment skills, encompassing the wider determinants of health, enabling more relevant and timely interventions and signposting to address a broad range of needs.
- Improved inter-professional relationships have resulted in early interventions with positive outcomes for families e.g.: A vulnerable family for safety reasons needed to move to temporary accommodation. The parent had concerns around the safety of her residence. As a result of the newly formed relationship, the HV was able to call the housing officer and within 24 hours a home visit was organised with a rent officer to discuss her options. Comment by client to SCPHN *"Thank you so much for everything. You are the nicest person I ever had to help me and you are so caring and helpful about everything and I'm glad I've got you by my side helping"*
- The project manager responded to the request from Barton Academy to participate in a school project to reduce the absent rate. A school nurse and PHSN are working as part of a team supporting families who have children absent from school due to their health.
- A PHSN is working in partnership with the Bladder & Bowel service and Barton Academy, with identified children, at Tier 1 within the Partnership area.
- The co-ordinator is continuing to network with partner agencies; voluntary and community service providers in Hele & Watcombe. This month a referral was received from Sanctuary Housing for a vulnerable family prior to moving into the area which resulted in a HV contacting the family, carrying out a home visit in the first couple of days of the families move and linking with several statutory and voluntary services in the Community to provide support - This will be written up as a case study demonstrating good multi-agency practice and positive outcomes.
- Watcombe School have linked with the school nurse who is organising a health



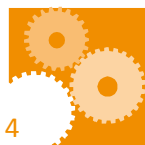
promotion day on the 11/7/13 to include the wider PCP team. Topic includes SN- head lice/worms. HV sun safety, nutrition, hand washing and dental health. The lifestyles team smoking cessation. The PCSOs relationship building by doing finger printing. The fire safety officer covering carbon monoxide poisoning and home safety. Hele's Angels bringing the virtually safe project.

Milestones

Milestones	Original Date	Actual Date
Start date for the project	2012	18/2/2013
Project Plan reviewed		18/2/2013
Increased capacity in the SCPHN team		18/3/2013

Risks

Description	Recommendations	Owner
The 0 – 19 SCPHN team are on 2 sites resulting in problems with team dynamics & functioning. Negative aspects over shadow positive outcomes of project.	Identify one base for the team	Torbay & Southern Devon Health & care NHS Trust.
The co-ordinator requesting a base move from September 2013	Identify a new co-ordinator	CT
Managing expectations of the project from different organisations and individuals.	Revisit the objectives and share with partner agencies	
The project manager left in December 2012 prior to the start of the project. Reduced capacity to develop and run the project.	Appoint a project manager to help with the 2 nd stage of the project. Extend the duration of stage 1 for an additional 6 months.	All agencies
Lack of public awareness of the Community Hub and its potential benefit to the community	Administrative support required to increase capacity to deliver project. Link with communication plan	All agencies



Description	Recommendations	Owner
Partner agencies have disengaged from project.	Review steering group membership & launch	CT all services

Next Steps.

Action	Name	Date
Collect case studies to show how the project is working at the family level	Christine Timmon	25/12/13
Identify a single base for the team	Lyn Ware & estates	30/09/13
Identify a new coordinator	Christine Timmon	25/08/13
Replace health staff that are leaving	Christine Timmon	20/09/13
Team Building - Away day for the Barton SCPHN team.	Lyn Ware & C Timmon	30/9/13
Review the steering group membership and terms of reference	C Timmon & Coordinator	30/09/13
Engage with additional agencies and the voluntary section	coordinator	30/9/13
Increase the duration of stage one by 6 months	Leads Health & CS	30/9/13

Appendices

To Add

Appendix 8 - Childhood nutrition in the first year – 2. (SN) Bladder & bowel clinic prior to B & B service drop in for toilet training- 3. SALT Baby project in September 4. Mellow parenting course 5. Stakeholder's day re IAPT day to talk about access to psychological services – beauty therapy in school body image and self-esteem for this age group. 6. Boys and football 7. Ages & stages join with the 2.5 HCP review at squirrels. 8. Link with breaking free launch

